



World Teaching Programme 2005/2006

Sogyal Rinpoche



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With his remarkable gift for presenting the heart essence, spirit, and flavour of Tibetan Buddhism in a way that has never been done before—one that is both authentic and profoundly relevant to the modern mind—Sogyal Rinpoche is one of the most renowned teachers of our time.

Rinpoche shows how we can transform the mind, untangle ourselves from turbulent emotions, overcome our inner struggle, find ourselves and come home to our true nature, discover the power of inner peace and deep contentment, and so overcome everyday difficulties, and not simply survive, but live a truly meaningful life with more wisdom and compassion, even in today's confusing and troubled world.

The atmosphere Rinpoche creates is one of incredible warmth, love, and penetrating insight, as if he were speaking directly to the heart of each and everyone present. He is often called an incredible communicator, and people around the world remark on the power his teachings have to reveal a glimpse of the innermost nature of mind and bring lasting transformation and confidence in how to face the challenges of daily life.

May – June	European Spring Teaching Programme	July 1 – 11	Meditation Retreat with Sogyal Rinpoche
May 12	Paris <i>Public Talk</i>	July 14 – 24	Guru Rinpoche Drupchö with Sogyal Rinpoche
May 21 – 22	Paris Rigpa Centre <i>Weekend Teaching</i>	July 26 – Aug 10	Vajrayana Retreat with Khenpo Namdrol
May 26	Santiago de Compostella, Spain <i>Public Talk</i>	August 13 – 30	Dzogchen Closed Retreat with Sogyal Rinpoche
May 27	Vigo, Spain <i>Public Talk</i>	Nov 5 – 13	US Autumn Retreat
June 9	Lugano <i>Public Talk</i>		Clear Lake, California
June 10	Geneva <i>Public Talk</i>	Dec 27 – Jan 8	German Winter Retreat
June 11 – 12	Geneva <i>Weekend Teaching</i>		Seepark Hotel, Kirchheim
June 22	London <i>Public Talk</i>	2006 Feb 10 – 19	Australian Summer Retreat
June 23	Cork <i>Public Talk</i>		Myall Lakes, NSW
June 24 – July 3	Ireland Summer Retreat	2006 Apr 7 – 17	The highlight of Sogyal Rinpoche's annual visit to Australia, is the 10 day retreat at Myall Lakes in NSW. The retreat is set in a tranquil natural environment beside a lake and within walking distance to the ocean.
	Dzogchen Beara Retreat Centre, West Cork		Easter Retreat, UK
June July August	Lerab Ling Summer Retreats, France		Haileybury School, Hertfordshire
	Lerab Ling, International Retreat Centre		Haileybury School will be the home to Rigpa UK's 2004 Easter retreat. It is set in the beautiful Hertfordshire countryside, 20 miles from London and within easy reach of Heathrow, Luton and Stanstead Airports.
June 15 – 22	Ngöndro Retreat with Sogyal Rinpoche		
	Situated near to Montpellier in the South of France, Lerab Ling retreat centre was founded in 1991 by Sogyal Rinpoche, author of <i>The Tibetan Book of Living and Dying</i> .		

On account of the sacred images it contains, this programme should be treated with respect. If you wish to dispose of it, please burn it rather than throw it away.

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